



Pomeranian Medical University in Szczecin

SYLLABUS of the MODULE (SUBJECT)

General Information

Module title: Psychosexology in everyday GP's practice	
Module type	Facultative
Faculty PMU	Faculty of Medicine and Dentistry
Major	Medicine
Level of study	long-cycle (S2J)
Mode of study	full-time studies
Year of studies, semester	Year 3, semester V and VI
ECTS credits (incl. semester breakdown)	0,6
Type/s of training	seminars (15h)
Form of assessment ¹	<input checked="" type="checkbox"/> graded assessment: <ul style="list-style-type: none"> <input type="checkbox"/> descriptive <input checked="" type="checkbox"/> test <input type="checkbox"/> practical <input type="checkbox"/> oral <input type="checkbox"/> non-graded assessment <input type="checkbox"/> final examination <ul style="list-style-type: none"> <input type="checkbox"/> descriptive <input type="checkbox"/> test <input type="checkbox"/> practical <input type="checkbox"/> oral
Head of the Department/ Clinic, Unit	<i>dr hab. n. o zdr. Monika Mak</i> monika.mak@pum.edu.pl
Tutor responsible for the module	mgr Adrianna Bober adrianna.bober@pum.edu.pl
Department's/ Clinic's/ Unit's website	Zakład Psychologii Zdrowia Katedra i Klinika Psychiatrii Department and Clinic of Psychiatry ul. Broniewskiego 26, 71-460 Szczecin psychkl@pum.edu.pl tel.: 91 35 11 379
Language	English

¹ replace ☐ into ☒ where applicable

Detailed information

Module objectives		The aim of the course is to familiarize students with the contemporary understanding of the norm and pathology in psychosexology, particular spheres of human sexuality (gender identities, sexual orientations, sexual preferences, gender issues, sexual expression) in the biopsychosocial approach, changes taking place in the area of sexuality in the life cycle, dealing with patients reporting problems in sexual functioning. The content provided is based on the latest standards developed by recognized sexual health institutions.
Prerequisite /essential requirements	Knowledge	<i>Knowledge of basic terminology in general psychology</i>
	Skills	<i>Ability to listen actively, conduct discussions</i>
	Competences	<i>Personal culture, empathy and respect for human diversity</i>

Description of the learning outcomes for the subject /module			
No. of learning outcome	Student, who has passed the (subject) knows /is able to /can:	SYMBOL (referring the standards)	Method of verification of learning outcomes*
W01	Describes state-of-the-art approaches regarding social dimensions of sexual health, influence of family social environment, social relationships networks and social inequalities on sexual health state and socio-cultural differences and role of social stress in health-related and self-destructive behavior	D.W1	K
W02	Lists social factors influencing the behavior related to experiencing patient's sexuality	D.W2	K
W03	Recognizes forms of violence, models explaining domestic and non-domestic violence, social conditions of different forms of violence related to the sexual characteristics and doctor's role in diagnosing such conditions	D.W03	K
W04	Understands and uses methods of communication in process of communicating with patients about sexual health and concept of trust in interactions with patients	D.W5	K
W05	Describes basic psychological mechanisms of sexual health and behavior	D.W9	K
W06	Explains the role of stress in etiopathogenesis and course of sexual disorders, recognizes the mechanisms of coping	D.W12	K

W07	Knows and applies the main concepts, theories, ethical principles serving as a general framework for the proper interpretation and analysis of moral and medical issues in the area of human sexuality	E.W16	K
W08	Knows principles of evidence-based sexual medicine	D.W23	K
W09	Describes health issues of human sexuality and basic related abnormalities	D.W21	K
U01	Takes subjective needs and expectations of patients resulting from social and cultural conditions, as well as sexual characteristics into consideration in therapeutic procedure	D.U1	K
U02	Develops trust during entire therapy	D.U4	K
U03	Informs patients about objectives, course and possible risks with regard to proposed diagnosis or therapeutic procedure related to sexual health with respect to patients' sexual characteristics and secures their informed consent	D.U6	K
U04	Applies basic psychological motivation and support strategies	D.U11	K
U05	Has ability to recognize ethical dimensions of medical decisions in the area of mental and sexual health, and distinguish factual aspects from normative ones	D.U14	K

Table presenting LEARNING OUTCOMES in relation to the form of classes								
No. of learning outcome	Learning outcomes	Type of training						
		L e c t u r e	S e m i n a r	P r a c t i c a l c l a s s e s	C l i n i c a l c l a s s e s	S i m u l a t i o n s	E - l e a r n i n g	O t h e r ...
W01	D.W1		X					
W02	D.W2		X					

W03	D.W03		X					
W04	D.W5		X					
W05	D.W9		X					
W06	D.W12		X					
W07	E.W16		X					
W08	D.W23		X					
W09	D.W21		X					
U01	D.U1		X					
U02	D.U4		X					
U03	D.U6		X					
U04	D.U11		X					
U05	D.U14		X					

Table presenting TEACHING PROGRAMME			
No. of a teaching programme	Teaching programme	No. of hours	References to learning outcomes
Winter and summer semester			
Seminars		15	
TK01	Introduction to sexology	1	W02, W08
TK02	Norms in sexology	2	W01, W02, W05, W07, W09, U05
TK03	Gender and sex as a biological, psychological and sociological entities	2	W01, W02, W05, W08
TK04	Specific needs of trans patients. Working with patients with gender dysphoria	2	W01, W02, W03, W04, W05, W06, W08, U01, U02, U03, U04
TK05	Psychosexual orientations and specific needs of LGB+ patients	2	W01, W02, W03, W04, W05, W06, W08, U01, U02, U03, U04
TK06	Sexual preferences and paraphilias	2	W01, W02, W04, W05, W08, W09, U01, U02, U04
TK07	Sexual performance and sexual dysfunctions	4	W01, W02, W04, W05, W06, W08,

			W09, U01, U02, U03, U04
--	--	--	----------------------------

Booklist	
Obligatory literature:	
1. Kirana, P.S., Tripodi, F., Reisman, Y., Porst, H. (2013). <i>The EFS and ESSM Syllabus of Clinical Sexology</i> . 1 st Ed. Medix.	
Supplementary literature:	
1. Bancroft, J. (2009). <i>Human sexuality and its problems</i> . 3 rd Ed. Churchill Livingstone.	

Student's workload	
Form of student's activity (in-class participation; activeness, producing a report, etc.)	Student's workload [h]
	Tutor
Contact hours with the tutor	15
Time spent on preparation to seminars/ practical classes	
Time spent on reading recommended literature	5
Time spent on writing report/making project	
Time spent on preparing to colloquium/ entry test	
Time spent on preparing to exam	
Other	
Student's workload in total	20
ECTS credits for the subject (in total)	0,6
Remarks	

* Selected examples of methods of assessment:

EP – written examination

EU – oral examination

ET – test examination

EPR – practical examination

K – colloquium

R – report

S – practical skills assessment

RZC – practical classes report, incl. discussion on results

O – student's active participation and attitude assessment

SL – lab report

SP – case study

PS - assessment of student's ability to work independently

W – entry test

PM – multimedial presentation

other...