

## **Pomeranian Medical University in Szczecin**

## SYLLABUS of the MODULE (SUBJECT) General Information

Module title: REHABILITATION 2023/2024			
Module type	Obligatory		
Faculty PMU	Faculty of Medicine and Dentistry		
Major	Medicine		
Level of study	long-cycle (S2J)		
Mode of study	full-time studies		
Year of studies, semester	Year V, semester IX		
ECTS credits (incl. semester breakdown)	1		
Type/s of training	Practical 15		
Form of assessment*			
Head of the Department/ Clinic, Unit	Prof. dr hab. n. med. i zdr. Iwona Rotter prof. PUM		
Tutor responsible for the module	Prof. dr hab. n. med. i zdr. Iwona Rotter: iwona.rotter@pum.edu.pl		
Department's/ Clinic's/ Unit's website	Department of Medical Rehabilitation and Clinical Physiotherapy independent clerk Iwona Żuk Żołnierska Street 54b room 309 Szczecin 71-210		
Language	English		

<sup>\*</sup> replace  $\Box$  into  $\boxtimes$  where applicable

## **Detailed information**

Module objectives		<ul> <li>to introduce students with disabilities (concepts and definitions of disability along with elements of Medical certificate on the degree of disability)</li> <li>to provide students with basic knowledge about the objectives and tasks of rehabilitation of disabled people with including sport for the disabled people</li> <li>to introduce with the elements of a comprehensive rehabilitation process at different stages of therapeutic and socio-occupational rehabilitation and ambulatory rehabilitation</li> <li>to present a different methods of rehabilitation</li> <li>to discuss with rehabilitation in diseases of the following systems: cardiovascular, respiratory, nervous and motor system to present the specifics of rehabilitation in developmental age and geriatrics</li> <li>to introduce students with the orthopedic equipment, prosthetics and orthotics</li> <li>development of the student's ability to use the knowledge from the field of rehabilitation in various medical specialization</li> </ul>
Knowledge		Knowledge from previous years of study
Prerequisite /essential	Skills	Know how to perform a interview and physical examination
requirements	Competences	Student manifests respect for the patient, persons with disabilities, members of the therapeutic team, know yourself skills and limitations

Description of the learning outcomes for the subject /module				
No. of learning outcome	Student, who has passed the (subject) knows /is able to /can:	SYMBOL (referring the standards)	Method of verification of learning outcomes*	
W01	knows and understands the course and symptoms of senescence as well as complex geriatric evaluation and interdisciplinary care with regard to elderly people	E.W8	ZT	
W02	knows and understands basic rules of management of the care of elderly people burden on care of elderly person	E.W12	ZT	
W03	knows and distinguishes basic signs of neurological syndromes	E.W13	ZT	
W04	knows rules of palliative procedure with regard to patients in terminal state	E.W28	ZT	
W05	knows rules of treatment of pain, incl. chronic and cancer-related pain	E.W29	ZT	
W6	knows and understands the concepts of physical disability and handicap	E.W30	ZT	
W7	knows importance and methods used in medical rehabilitation	E.W31	ZT	

U01	takes history interview of adult patient	E.U1	ZT
U02	plans diagnostics, therapeutic and preventive procedures	E.U16	ZT
U03	qualifies patients for home and hospital treatment	E.U20	ZT
U04	evaluates functionality of disabled patients	E.U22	ZT
U05	can suggest rehabilitation scheme for most frequent diseases	E.U23	ZT
U06	plans specialist consultations	E.U32	ZT
U07	keeps medical documentation	E.U38	ZT
K01	establishing and maintaining deep and respectful contact with the patient, as well as showing understanding for ideological and cultural differences	K.1	ZT
K02	noticing and recognizing one's own limitations and self- assessing educational deficits and needs	K.5	ZT
K03	implementing the principles of professional camaraderie and cooperation in a team of specialists, including representatives of other medical professions, also in a multicultural and multinational environment	K.5	ZT

Table presenting LEARNING OUTCOMES in relation to the form of classes								
	Type of training							
No. of learning outcome	Learning outcomes	Lecture	Seminar	Practical	Clinical classes	Simulations	E-learning	Other
W01	E.W8			Х				
W02	E.W12			Х				
W03	E.W13			Х				
W04	E.W28			Х				
W05	E.W29			Х				
W06	E.W30			Х				
W07	E.W31			Х				
U01	E.U1			Х				
U02	E.U16			Х				
U03	E.U20			Х				
U04	E.U22			Х				
U05	E.U23			Х				
U06	E.U32			Х				
U07	E.U38			Х				
K01	K.1			Х				
K02	K.5			Х				
K03	K.9			Х				

Table presenting TEACHING PROGRAMME				
No. of a teaching Teaching programme programme		No. of hours	References to learning outcomes	
Practical classes				
TK01	Basic issues of rehabilitation, disability	1	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30	

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			E.W31, E.U1, E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9
TK02	Physiotherapy in neurology	2	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30 E.W31, E.U1, E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9
TK03	Physiotherapy in orthopedics	2	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30 E.W31, E.U1, E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9
TK04	Physiotherapy in cardiovascular disease	2	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30 E.W31, E.U1, E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9
TK05	Physical Therapy	2	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30 E.W31, E.U1, E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9
TK06	Orthopedic support	2	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30 E.W31, E.U1, E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9
TK07	Urogynecological physiotherapy	1	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30 E.W31, E.U1, E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9
TK08	Sport for disabled people	1	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30 E.W31, E.U1, E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9
TK09	Physiotherapy in pediatrics	1	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30

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			E.W31, E.U1,
			E.U16, E.U20,
			E.U22, E.U23,
			E.U32, E.U38
			K.1, K.5, K.9
	Credit		E.W8, E.W12,
			E.W13, E.W28,
			E.W29, E.W30
TK10		1	E.W31, E.U1,
1K10		1	E.U16, E.U20,
			E.U22, E.U23,
			E.U32, E.U38
			K.1, K.5, K.9

Booklist
Obligatory Literature:
1. David X. Cifu.: Physical Medicine and Rehabilitation. Braddom's 2020
<ol> <li>Ian B. Maitin, Ernesto Cruz: Current Diagnosis &amp; Treatment: Physical Medicine &amp; Rehabilitation. 2015</li> </ol>
Supplementary literature:
1. Seymour Ron: Prosthetics and Orthotics: Lower Limb and Spine
2. Donna L. Frownfelter, Elizabeth W. Dean: Cardiovascular and Pulmonary Physical Therapy
3. Linda Mastandrea: Sports and the Physically Challenged: An Encyclopedia of People, Events, and Organizations
<ol> <li>Robert Palisano, Margo Orlin, Joseph Schreiber: Campbell's Physical Therapy for Children. 2022</li> </ol>
5. Abraham M. Joshua: Physiotherapy for Adult Neurological Conditions. 2022
6. Robert C. Manske, Charles E Giangarra: Clinical Orthopaedic Rehabilitation: A Team Approach.

6. Robert C. Manske, Charles E Giangarra: Clinical Orthopaedic Rehabilitation: A Team Approach. Elservier 2017

Form of student's activity	Student's workload [h]		
(in-class participation; activeness, produce a report, etc.)	Tutor		
Contact hours with the tutor	15		
Time spent on preparation to seminars/ practical classess	3		
Time spent on reading recommended literature			
Time spent on writing report/making project			
Time spent on preparing to colloqium/ entry test			
Time spent on preparing to exam			
Other			
Student's workload in total			
ECTS credits for the subject (in total)	1		
Remarks			

\* Selected examples of methods of assessment:
EP – written examination
EU – oral examination
ET – test examination
EPR – practical examination
K – colloqium
R – report
S – practical skills assessment
RZĆ – practical classes report, incl. discussion on results
O – student's active participation and attitude assessment
SL – lab report
SP – case study
PS - assessment of student's ability to work independently
W – entry test
PM – multimedial presentation
other...

## PT - pass the grade in a test form