

ERGONOMICS/WORK SAFETY PROGRAM IN DENTISTRY 2023/2024

| | |
|---------|---|
| 1. week | General rules in department. Regulations. Introduction to ergonomics. Basic concepts. |
| 2. week | Characteristics of a dentist's workplace in terms of ergonomics - teamwork. |
| 3. week | Health risks in dental office. |
| 4. week | Sanitary procedures. |
| 5. week | Protection of the surgical field. Rubber dam. |
| 6. week | Test. |
| 7. week | Principles and conditions of two-handed work, so-called solo methods, with the patient in a supine position - possibilities and limitations. Principles and conditions of working with 4 hands in supine position of patient - possibilities and limitations. 6-hand work technique – possibilities and limitations |
| 8. week | Tooth notation systems. Rubber dam. Simodont. |
| 9. week | Tooth notation systems. Rubber dam. Simodont. |