

# **Pomeranian Medical University in Szczecin**

### SYLLABUS of the MODULE (SUBJECT) General Information

Module title: REHABILITATION 2023/	Module title: REHABILITATION 2023/2024				
Module type	Obligatory				
Faculty PMU	Faculty of Medicine and Dentistry				
Major	Medicine				
Level of study	long-cycle (S2J)				
Mode of study	full-time studies				
Year of studies, semester	Year V, semester IX				
ECTS credits (incl. semester breakdown)	1				
Type/s of training	Practical 15				
Form of assessment <sup>*</sup>	graded assessment:         □ descriptive         ⊠ test         □ practical         □ oral         □ non-graded assessment         □ final examination         □ descriptive         □ test         □ practical         □ oral         □         □ oral         □         □ oral         □         □ oral         □         □         □				
Head of the Department/ Clinic, Unit	Prof. dr hab. n. med. i zdr. Iwona Rotter prof. PUM				
Tutor responsible for the module	Prof. dr hab. n. med. i zdr. Iwona Rotter: iwona.rotter@pum.edu.pl				
Department's/ Clinic's/ Unit's website	Medical Rehabilitation and Clinical Physiotherapy independent clerk Iwona Żuk Żołnierska Street 54b room 309 Szczecin 71-210				
Language	English				

<sup>\*</sup> replace  $\Box$  into  $\boxtimes$  where applicable

#### **Detailed information**

Module obj	ectives	<ul> <li>to introduce students with disabilities (concepts and definitions of disability along with elements of Medical certificate on the degree of disability)</li> <li>to provide students with basic knowledge about the objectives and tasks of rehabilitation of disabled people with including sport for the disabled people</li> <li>to introduce with the elements of a comprehensive rehabilitation process at different stages of therapeutic and socio-occupational rehabilitation of persons with disabilities in the inpatient rehabilitation and ambulatory rehabilitation</li> <li>to present a different methods of rehabilitation</li> <li>to discuss with rehabilitation in diseases of the following systems: cardiovascular, respiratory, nervous and motor system to present the specifics of rehabilitation in developmental age and geriatrics</li> <li>to introduce students with the orthopedic equipment, prosthetics and orthotics</li> <li>development of the student's ability to use the knowledge from the field of rehabilitation in various medical specialization</li> </ul>
	Knowledge	Knowledge from previous years of study
Prerequisite /essential	Skills	Know how to perform a interview and physical examination
requirements Competences		Student manifests respect for the patient, persons with disabilities, members of the therapeutic team, know yourself skills and limitations

Description of the learning outcomes for the subject /module					
No. of learning outcome	Student, who has passed the (subject) knows /is able to /can:	SYMBOL (referring the standards)	Method of verification of learning outcomes*		
W01	knows and understands the course and symptoms of senescence as well as complex geriatric evaluation and interdisciplinary care with regard to elderly people	E.W8	ZT		
W02	knows and understands basic rules of management of the care of elderly people burden on care of elderly person	E.W12	ZT		
W03	knows and distinguishes basic signs of neurological syndromes	E.W13	ZT		
W04	knows rules of palliative procedure with regard to patients in terminal state	E.W28	ZT		
W05	knows rules of treatment of pain, incl. chronic and cancer-related pain	E.W29	ZT		
W6	knows and understands the concepts of physical disability and handicap	E.W30	ZT		
W7	knows importance and methods used in medical rehabilitation	E.W31	ZT		

U01	takes history interview of adult patient	E.U1	ZT
U02	plans diagnostics, therapeutic and preventive procedures	E.U16	ZT
U03	qualifies patients for home and hospital treatment	E.U20	ZT
U04	evaluates functionality of disabled patients	E.U22	ZT
U05	can suggest rehabilitation scheme for most frequent diseases	E.U23	ZT
U06	plans specialist consultations	E.U32	ZT
U07	keeps medical documentation	E.U38	ZT
K01	establishing and maintaining deep and respectful contact with the patient, as well as showing understanding for ideological and cultural differences	K.1	ZT
K02	noticing and recognizing one's own limitations and self- assessing educational deficits and needs	K.5	ZT
K03	implementing the principles of professional camaraderie and cooperation in a team of specialists, including representatives of other medical professions, also in a multicultural and multinational environment	K.5	ZT

Table presenting LEARNING OUTCOMES in relation to the form of classes								
				Тур	e of tr	ainin	g	
No. of learning outcome	Learning outcomes	Lecture	Seminar	Practical classes	Clinical classes	Simulations	E-learning	Other
W01	E.W8			Х				
W02	E.W12			Х				
W03	E.W13			Х				
W04	E.W28			Х				
W05	E.W29			Х				
W06	E.W30			Х				
W07	E.W31			Х				
U01	E.U1			Х				
U02	E.U16			Х				
U03	E.U20			Х				
U04	E.U22			Х				
U05	E.U23			Х				
U06	E.U32			Х				
U07	E.U38			Х				
K01	K.1			Х				
K02	K.5			Х				
K03	К.9			Х			1	

Table presenting TEACHING PROGRAMME						
No. of a teaching Teaching programme programme		No. of hours	References to learning outcomes			
Practical classes						
TK01	Basic issues of rehabilitation, disability	1	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30			

	Τ		
			E.W31, E.U1, E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9
TK02	Physiotherapy in neurology	2	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30 E.W31, E.U1, E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9
TK03	Physiotherapy in orthopedics	2	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30 E.W31, E.U1, E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9
TK04	Physiotherapy in cardiovascular disease	2	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30 E.W31, E.U1, E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9
TK05	Physical Therapy	2	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30 E.W31, E.U1, E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9
TK06	Orthopedic support	2	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30 E.W31, E.U1, E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9
TK07	Urogynecological physiotherapy	1	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30 E.W31, E.U1, E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9
TK08	Sport for disabled people	1	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30 E.W31, E.U1, E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9
ТК09	Physiotherapy in pediatrics	1	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30 E.W31, E.U1,

			E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9
TK10	Credit	1	E.W8, E.W12, E.W13, E.W28, E.W29, E.W30 E.W31, E.U1, E.U16, E.U20, E.U22, E.U23, E.U32, E.U38 K.1, K.5, K.9

Boo	Booklist				
Obl	igatory Literature:				
1.	David X. Cifu.:Physical Medicine and Rehabilitation. Braddom's 2020				
2.	Ian B. Maitin, Ernesto Cruz: Current Diagnosis & Treatment: Physical Medicine & Rehabilitation. 2015				
Sup	plementary literature:				
1.	Seymour Ron: Prosthetics and Orthotics: Lower Limb and Spine				
2.	Donna L. Frownfelter, Elizabeth W. Dean: Cardiovascular and Pulmonary Physical Therapy				
3.	Linda Mastandrea: Sports and the Physically Challenged: An Encyclopedia of People, Events, and Organizations				
4.	Robert Palisano, Margo Orlin, Joseph Schreiber: Campbell's Physical Therapy for Children. 2022				
5.	Abraham M. Joshua: Physiotherapy for Adult Neurological Conditions. 2022				
6.	Robert C. Manske, Charles E Giangarra: Clinical Orthopaedic Rehabilitation: A Team Approach. Elservier 2017				

## Elservier 2017

Form of student's activity (in-class participation; activeness, produce a report, etc.)	Student's workload [h]			
	Tutor			
Contact hours with the tutor	15			
Time spent on preparation to seminars/ practical classess	3			
Time spent on reading recommended literature				
Time spent on writing report/making project				
Time spent on preparing to colloqium/ entry test				
Time spent on preparing to exam				
Other				
Student's workload in total				
ECTS credits for the subject (in total)	1			
Remarks				

- \* Selected examples of methods of assessment:
  EP written examination
  EU oral examination
  ET test examination
  EPR practical examination
  K colloqium
  R report
  S practical skills assessment
  RZĆ practical classes report, incl. discussion on results
  O student's active participation and attitude assessment
  SL lab report
  SP case study
  PS assessment of student's ability to work independently
  W entry test
  PM multimedial presentation
- other...

#### PT - pass the grade in a test form