

Jak przeliczyć ilość azotu na białko?

Table 1.9.1 Protein requirements for adults in conditions of trauma or metabolic stress. Derived from Elia (1990)

Energy status	Nitrogen (g/kg/day) Mean (range)	Protein (g/kg/day) Mean (range)
Normal	0.17 (0.14–0.20)	1 (0.87–1.25)
<i>Hypermetabolic</i>		
(+5–25%)	0.20 (0.17–0.25)	1.25 (1.0–1.5)
(+25–50%)	0.25 (0.20–0.30)	1.5 (1.25–1.87)
(>50%)	0.30 (0.25–0.35)	1.87 (1.56–2.18)
Depleted	0.30 (0.2–0.4)	1.87 (1.25–2.5)