



Pomeranian Medical University in Szczecin

SYLLABUS of the MODULE (SUBJECT) General Information

Module title: Medical psychology with elements of professionalism	
Module type	Obligatory
Faculty PMU	Faculty of Medicine and Dentistry
Major	Medicine
Level of study	long-cycle (S2J)
Mode of study	full-time studies
Year of studies, semester	Year 3, semester V
ECTS credits (incl. semester breakdown)	2
Type/s of training	lectures (10) /seminars (5)/ Practical classes (20)
Form of assessment*	<input type="checkbox"/> graded assessment: <ul style="list-style-type: none"> <input type="checkbox"/> descriptive <input checked="" type="checkbox"/> test <input type="checkbox"/> practical <input type="checkbox"/> oral <input type="checkbox"/> non-graded assessment <input type="checkbox"/> final examination <ul style="list-style-type: none"> <input type="checkbox"/> descriptive <input type="checkbox"/> test <input type="checkbox"/> practical <input type="checkbox"/> oral
Head of the Department/ Clinic, Unit	prof. dr hab. Jerzy Samochowiec
Tutor responsible for the module	<i>Dr hab. n .o zdr. Monika Mak</i> <i>monika.mak@pum.edu.pl</i>
Department's/ Clinic's/ Unit's website	Katedra i Klinika Psychiatrii Department and Clinic of Psychiatry ul. Broniewskiego 26, 71-460 Szczecin tel. 91 3511322
Language	English

* replace ☐ into ☒ where applicable

Detailed information

Module objectives		To familiarize students with basic psychological concepts, common psychopathological phenomena, the functioning of an individual in society, methods of psychological support and crisis intervention, and to presentation of the psychological functioning of a human being in everyday life and in crisis situations.
Prerequisite /essential requirements	Knowledge	- <i>basic biology knowledge</i>
	Skills	- <i>active listening and discussion</i>
	Competences	- <i>personal culture, care for proper communication with other students and teachers</i>

Description of the learning outcomes for the subject /module

No. of learning outcome	Student, who has passed the (subject) knows /is able to /can:	SYMBOL (referring the standards)	Method of verification of learning outcomes*
W01	Describes the current state of the art on the social dimension of health and disease, the impact of the family's social environment, social relations networks) and social inequalities on health, and on socio-cultural differences and the role of social stress in health and self-destructive behaviour	K_D.W1	ET, PM
W02	Lists forms of violence, models explaining domestic and institution violence, the social circumstances of different forms of violence and the role of the doctor in identifying it	K_D.W3	ET, PM
W03	Describes social attitudes towards the importance of health, disease, disability and old age, the social consequences of illness and disability and socio-cultural barriers, as well as the concept of quality of life conditioned by health	K_D.W4	ET, PM
W04	Explains the importance of verbal and nonverbal communication in the process of communicating with patients and the concept of trust in relation with patient	K_D.W6	ET, PM
W05	Lists the psychosocial consequences of hospitalization and chronic disease	K_D.W7	ET, PM
W06	Explains the basic psychological mechanisms of human functioning in health and disease	K_D.W9	ET, PM
W07	Describes the role of the family in a treatment process	K_D.W10	ET, PM
W08	Presents the issue of adaptation to the disease as a difficult situation, adaptation stages to the threatening events, dying and the process of	K_D.W11	ET, PM

	family grief		
W09	Explains the role of stress in etiopathogenesis of disease and recognizes coping mechanisms	K_D.W12	ET, PM
W10	Describes mechanisms and objectives in treatment for addiction to psychoactive substances	K_D.W13	ET, PM
W11	Lists and applies the principles of motivating patients to pro-health behaviour and informing about an unfavourable prognosis	K_D.W15	ET, PM
W12	Lists the rules of teamwork	K_D.W18	ET, PM
U01	In the process of therapeutic treatment, student takes into account the patient's subjective needs and expectations resulting from socio-cultural conditions	K_D.U1	ET, PM
U02	Recognizes signs of anti-health and self-destructive behaviour and responds to them	K_D.U2	ET, PM
U03	Builds an atmosphere of trust throughout the treatment process	K_D.U4	ET, PM
U04	Conducts a conversation with an adult patient, child and family using the techniques of active listening and expressing empathy, and also talks with the patient about his current life situation	K_D.U5	ET, PM
U05	Informs the patient about the purpose, course and possible risk of the proposed diagnostic or therapeutic actions, and obtains his informed consent	K_D.U6	ET, PM
U06	Provides the patient and his family with information about an unfavourable prognosis	K_D.U8	ET, PM
U07	Identifies risk factors for violence, recognizes violence and responds accordingly	K_D.U10	ET, PM
U08	Uses basic psychological motivating and supporting interventions	K_D.U11	ET, PM
U09	Communicates with teammates by providing constructive feedback and support	K_D.U12	ET, PM

Table presenting LEARNING OUTCOMES in relation to the form of classes

No. of learning outcome	Learning outcomes	Type of training						
		Lecture	Seminar	Practical classes	Clinical classes	Simulations	E-learning	Other...
W01	K_D.W1	X						
W02	K_D.W3	X		X				
W03	K_D.W4	X	x					
W04	K_D.W6	X						
W05	K_D.W7	X	x					
W06	K_D.W9	X	x					
W07	K_D.W10	X						
W08	K_D.W11	X						
W09	K_D.W12	X						

W10	K_D.W13	X						
W11	K_D.W15	X						
W12	K_D.W18	X						
U01	K_D.U1			X				
U02	K_D.U2			X				
U03	K_D.U4			X				
U04	K_D.U5		x	X				
U05	K_D.U6		x	X				
U06	K_D.U8			X				
U07	K_D.U10		x	X				
U08	K_D.U11			X				
U09	K_D.U12			X				

Table presenting TEACHING PROGRAMME			
No. of a teaching programme	Teaching programme	No. of hours	References to learning outcomes
Winter semester			
Lectures (10)			
TKW01	The importance of verbal and non-verbal communication in the communication process and the principles of relationship building	2	W04, W05, W06, W12
TKW02	Communicating with children –is it different communication?	2	W04, W05, W06, W07
TKW03	Communicating with people in psychological crises and with people with mental illness	2	W01, W03, W04, W05, W06, W08, W09, W10, W11
TKW04	Conflicts solving	2	W04, W06, W11, W12
TKW05	Psychological manipulation and emotional blackmail – how to protect yourself?	2	W04, W06, W12
Seminars (5)			
TKS01	Disturbances of consciousness. Memory disorders	1	W03, W05, W06, U04, U05, U07
TKS02	Perception disorders	1	W03, W05, W06, U04, U05, U07
TKS03	Mood disorders	1	W03, W05, W06, U04, U05, U07
TKS04	Thinking disorders	1	W03, W05, W06, U04, U05, U07
TKS05	Disorders of motor activity, intellect and control	1	W03, W05, W06, U04, U05, U07
Practical classes (20)			
TKP01	Introduction to psychology. Basic psychological concepts which help to understand human nature	2	U1
TKP02	The basics of crisis intervention	2	U02, U03

TKP03	Basic cognitive-behavioural interventions in clinical disorders	2	U1
TKP04	The importance of empathy, authenticity and sincerity in the work of the doctor	2	U04
TKP05	Cooperation between doctor and psychologist	2	U09
TKP06	Basics of social psychology	2	U08
TKP07	Conduct of conversation in case of suicidal behaviour	2	U01
TKP08	Accompaniment in mourning	2	U05
TKP09	Conversations about domestic violence	2	W02, U06
TKP10	Exercises developing competences conducive to teamwork	2	U09

Booklist
Obligatory literature:
1. Todd, J., Bohart, A.C. (2005). <i>Foundations of Clinical and Counseling Psychology</i> .
2. Carson, R. C., Butcher, J. N., Mineka, S. (2009). <i>Abnormal Psychology and Modern Life</i> .
3. American Psychiatric Association (2013). <i>Diagnostic and Statistical Manual of Mental Disorders (DSM-5)</i> .

Student's workload	
Form of student's activity (in-class participation; activeness, produce a report, etc.)	Student's workload [h]
	Tutor
Contact hours with the tutor	35
Time spent on preparation to seminars/ practical classes	5
Time spent on reading recommended literature	10
Time spent on writing report/making project	
Time spent on preparing to colloquium/ entry test	45
Time spent on preparing to exam	
Other	-
Student's workload in total	95
ECTS credits for the subject (in total)	2
Remarks	

* Selected examples of methods of assessment:

EP – written examination

EU – oral examination

ET – test examination

EPR – practical examination

K – colloquium

R – report

S – practical skills assessment

RZC – practical classes report, incl. discussion on results

O – student's active participation and attitude assessment

SL – lab report

SP – case study

PS - assessment of student's ability to work independently

W – entry test

PM – multimedial presentation

other...