



Pomorski Uniwersytet Medyczny w Szczecinie

COURSE SYLLABUS General information

Name of the COURSE: Medical psychology with elements of professionalism	
Type of CLASSES	Obligatory
PUM Faculty	Faculty of Medicine and Dentistry
Field of study	Medical
Specialty	-
Level of Study	long-cycle studies
Form of study	Stationary/
Year of study / semester of study	III year / V semester (winter)
Number of assigned ECTS credits	2
Forms of conducting classes (number of hours)	7 lectures E-learning: 3 Seminars: 5 Classes: 20
Methods of assessment and assessment of learning outcomes *	<input type="checkbox"/> Credit for the grade: <ul style="list-style-type: none"> <input type="checkbox"/> Descriptive <input checked="" type="checkbox"/> Test <input type="checkbox"/> Practical <input type="checkbox"/> Oral <input type="checkbox"/> pass without grade <ul style="list-style-type: none"> <input type="checkbox"/> Final exam: <ul style="list-style-type: none"> <input type="checkbox"/> descriptive <input type="checkbox"/> Test <input type="checkbox"/> practical <input type="checkbox"/> oral
Unit Manager	Head of the Department: <i>Monika Mak, PhD</i> <i>monika.mak@pum.edu.pl</i>
Teaching assistant professor or person responsible for the subject	mgr Adriana Bober <i>adriana.bober@pum.edu.pl</i>
Name and contact details of the entity	Department of Health Psychology Broniewskiego 26, 71-460 Szczecin

* tick accordingly, changing to

	psychkl@pum.edu.pl phone: 91 35 11 379
Unit website	https://www.pum.edu.pl/studia_iii_stopnia/informacje_z_jednostek/wnoz/katedra_psychiatrii/zakad_psychologii_zdrowia/
Language of teaching	Polish

Detailed information

Course objectives	<ul style="list-style-type: none"> To introduce students to basic psychological concepts. Presentation of the psychological functioning of a human being in everyday life and in crisis situations. Familiarizing students with common psychopathological phenomena. Familiarizing students with the functioning of an individual in society. Familiarizing students with methods of psychological support and crisis intervention for people in crisis. 	
Prerequisites for	Knowledge	- <i>basic general knowledge of biology and Polish</i>
	Abilities	- <i>ability to actively listen and conduct discussions</i>
	Social Competences	- <i>personal culture, care for proper communication with other students and the teacher</i>

LEARNING OUTCOMES

lp. learning outcome	A student who has passed the COURSEWORK knows/can/can:	SYMBOL (reference to) learning outcomes for the field of study	Method of verification of effects Learning*
W01	knows the current state of knowledge about the social dimension of health and disease, the impact of the family's social environment, the network of social relationships) and social inequalities on health, as well as about socio-cultural differences and the role of social stress in health and self-destructive behaviors	K_D.W1	K
W02	knows the forms of violence, models explaining violence in the family and in institutions, the social determinants of various forms of violence and the role of the doctor in its diagnosis	K_D.W2	K
W03	understands the importance of health, illness, disability and old age in relation to social attitudes, the social consequences of illness and disability and socio-cultural	K_D.W3	K

	barriers, knows the current concept of quality of life conditioned by health		
W04	understands the psychosocial consequences of hospitalization and chronic illness	K_D.W5	K
W05	knows the basic psychological mechanisms of human functioning in health and in illness	K_D.W7	K
W06	understands the role of the family in the treatment process	K_D.W8	K
W07	knows the issues of adaptation to illness as a difficult situation, stages of adaptation to threatening events and the needs of patients, dying and the process of family mourning	K_D.W9	K
W08	knows the role of stress in the etiopathogenesis and course of diseases and recognizes mechanisms of coping with stress	K_D.W10	K
W09	knows the mechanisms, goals and methods of treatment of addiction to psychoactive substances	K_D.W11	K
W10	knows the rules of working in a group	K_D.W15	K
U01	takes into account the subjective needs and expectations of the patient resulting from socio-cultural conditions in the therapeutic process	K_D.U1	S
U02	notices signs of unhealthy and self-destructive behaviour and reacts appropriately to them	K_D.U2	S
U03	identifies risk factors for violence, recognises violence and responds appropriately	K_D.U9	S
K01	understands the concept and need of responsibility for the entrusted good	K_K02	S
K02	cooperates with team members; can cooperate in a group, taking on different roles in it	K_K04	S
K03	is able to solve the most common problems related to the profession	K_K12	S
K04	is aware of their own limitations and knows when to turn to experts	K_K17	S
K05	shows respect towards patients / clients / social groups for the sake of their well-being	K_K20	S

Table of LEARNING OUTCOMES in relation to the form of classes							
Ip. learning outcome	Learning Outcomes	Form of classes					
		Lecture	Seminar	Exercise	Clinical exercises	Simulations	E-learning
W01	K_D.W1	X					
W02	K_D.W2	X	X				
W03	K_D.W3	X					
W04	K_D.W5	X					
W05	K_D.W7	X					
W06	K_D.W8	X					
W07	K_D.W9	X					
W08	K_D.W10	X					
W09	K_D.W11	X	X				
W10	K_D.W12	X					
U01	K_D.U1			X			
U02	K_D.U2		X	X			
U03	K_D.U9		X	X			
K01	K_D.U11			X			
K02	K_K02			X			
K03	K_K04			X			
K04	K_K12			X			
K05	K_K17			X			

TABLE OF PROGRAM CONTENT			
No. of the curriculum content	Curriculum content	Number of hours	Reference to learning outcomes to COURSEWORK
Winter semester			
Lectures (10)			
TK01	The place of psychology in modern medicine. Evidence-based psychology.	3	W01
TK02	Health psychology. Psychology of stress.	5	W03W04W05W08
TK03	Psychopathology of social phenomena.	2	W02
TK04	The role of the family in the patient's functioning	1	W06W07
Seminary (5)			
TK05	Addiction.	5	W02W09U02U03
Exercises (20)			
TK06	Medical psychology and professional contact between a doctor and a patient	4	U01 K01K02K03K04K05
TK07	Psychosomatics	4	U02 K01K02K03K04K05
TK08	Self-therapy – how to take care of your own mental health when working with people	4	U02 K01K02K03K04K05
TK09	Doctor-psychologist cooperation	4	U01 K01K02K03K04K05
TK10	Exercises to develop teamwork skills	4	K01K02K03K04K05

Recommended Reading:
Basic Literature
C. M. Hunter, C. L. Hunter, R.Kessler.(2014). Handbook of Clinical Psychology in Medical Settings: Evidence-Based Assessment and Intervention. Springer-Verlag New York
Todd, J., Bohart, A.C. (2005). Foundations of Clinical and Counseling Psychology.
Carson, R. C., Butcher, J. N., Mineka, S. (2009). Abnormal Psychology and Modern Life.
Sapolsky, R. M. (2011). Why don't zebras have ulcers? Psychophysiology of stress.

Student workload	
Form of student workload (participation in classes, activity, preparation of a report, etc.)	Student workload [h]
	In the teacher's assessment (opinion)
Teacher contact hours	32
Preparation for exercises/seminar	5
Reading the indicated literature	5
Writing a laboratory report/exercises/preparing a project/paper, etc.	Not applicable
Preparation for the test/quiz	5
Exam Preparation	Not applicable
Other.....	-
Total student workload	47
ECTS credits	2
Comments	

*Examples of ways of verifying learning outcomes:

- EP – written exam
- EU – Oral exam
- ET – Test Exam
- EPR – practical exam
- K – kolokwium
- R – presentation
- S – practical skills test
- RZC – report from exercises with discussion of results
- O – assessment of the student's activity and posture
- SL – laboratory report
- SP – case study
- PS – assessment of independent work skills
- W – quiz before the start of classes
- PM – multimedia presentation
- and others