



Pomeranian Medical University in Szczecin

SYLLABUS of the MODULE (SUBJECT)

valid from the academic year 2024/2025

General Information

Module title: <i>Psychiatry</i>	
Module type	<i>Obligatory</i>
Faculty	<i>Faculty of Medicine</i>
Field of study	<i>Medicine</i>
Major	<i>Not applicable</i>
Level of study	<i>long-cycle (S2J)</i>
<i>Mode of study</i>	<i>intramural</i>
Year of studies, semester	<i>Year V, semester IX and X</i>
ECTS credits (incl. semester breakdown)	<i>3</i>
Type/s of training	<i>seminars (12h)/ practical (48h)</i>
Form of assessment	<p>- <i>graded assessment:</i> *</p> <p><input type="checkbox"/> <i>descriptive</i></p> <p><input type="checkbox"/> <i>test</i></p> <p><input type="checkbox"/> <i>practical</i></p> <p><input type="checkbox"/> <i>oral</i></p> <p><input type="checkbox"/> <i>non-graded assessment</i> *</p> <p>- <i>final examination:</i> *</p> <p><input type="checkbox"/> <i>descriptive</i></p> <p><input checked="" type="checkbox"/> <i>test</i></p> <p><input type="checkbox"/> <i>practical</i></p> <p><input type="checkbox"/> <i>oral</i></p>
Head of the Department/ Clinic, Unit	<i>Prof. dr hab. Jerzy Samochowiec</i> <i>kl_psych@pum.edu.pl</i>
Tutor responsible for the module	<i>Tomasz Skoneczny</i> <i>tomasz.skoneczny@pum.edu.pl</i>
Name and contact information of the Department/Clinic, Unit	<i>Department of Psychiatry, Pomeranian Medical University</i>
Department's/ Clinic's/ Unit's website	<i>https://www.pum.edu.pl/wydzialy/wydzial-nauk-o-zdrowiu/katedra-i-klinika-psychiatrii/information-for-foreign-students</i>
Language	<i>English</i>

*replace with X where applicable

Informacje szczegółowe

Module objectives		<ul style="list-style-type: none"> ▪ <i>to acquaint students with psychopathological terminology,</i> ▪ <i>to teach students how to establish a rapport with a patient with a mental disorder,</i> ▪ <i>to keep medical documentation of psychiatric treatment,</i> ▪ <i>to diagnose mental disorders,</i> ▪ <i>to plan and monitor treatment of mental disorders, using both pharmacological and non-pharmacological methods,</i> ▪ <i>to use laws and regulations relating to people with mental disorders, the medical profession, social welfare, health care institutions.</i>
Prerequisite /essential requirements	Knowledge	<i>Knowledge of medical psychology, neurology, medical ethics.</i>
	Skills	<i>Establishing contact with the patient, conducting physical and neurological examination of the patient, general principles of keeping medical records, application of the principles of medical ethics, respecting patient's rights.</i>
	Competences	<i>Student is aware of the role of the medical profession and other health professions, can cooperate in the therapeutic team.</i>

Description of the learning outcomes for the subject /module			
No. of learning outcome	Student, who has passed the (subject) knows /is able to /can:	SYMBOL (referring the standards) ZEK	Method of verification of learning outcomes *
W01	knows state-of-the-art approaches regarding social dimensions of health and disease, influence of family social environment, social relationships networks and social inequalities on health state and socio-cultural differences and role of social stress in health-related and self-destructive behaviour	K_D.W1	EU
W02	knows forms of violence, models explaining domestic and non-domestic violence, social conditions of different forms of violence and doctor's role in diagnosing such conditions	K_D.W2	EU
W03	understands importance of health, disease, disability and senility in terms of social attitudes, social consequences of disease and disability and socio-cultural barriers; knows current concept of life quality affected by health state	K_D.W3	EU
W04	understands importance of verbal and non-verbal communication in process of communicating with patients and concept of trust in interactions with patients	K_D.W4	EU
W05	understands psychosocial consequences of hospitalization and chronic disease	K_D.W5	EU
W06	understands the operation of medical institutions and doctor's social role	K_D.W6	EU
W07	knows basic psychological mechanisms of healthy and sick human beings	K_D.W7	EU
W08	understands the role of a family in the process of therapy	K_D.W8	EU
W09	knows the role of stress in etiopathogenesis and course of disease, recognizes the mechanisms and ways to cope with these	K_D.W10	EU
W10	knows mechanisms, objectives and ways to deal with addiction to psychoactive substances	K_D.W11	EU

W11	knows environmental and epidemiological conditions of most frequent diseases	K_E.W1	EU
W12	knows issues regarding the following: maltreated and abused children, mental impairment and behavioural disorders: psychosis, dependence, alimentation and defecation disturbances in children	K_E.W4	EU
W13	knows and understands threats connected with hospitalization of the elderly people	K_E.W11	EU
W14	knows and understands basic rules of management of the care of elderly people burden on care of elderly person	K_E.W12	EU
W15	knows and distinguishes basic signs of neurological syndromes	K_E.W13	EU
W16	knows and recognizes causes, symptoms, diagnoses and therapeutic procedures with regard to most frequent nervous system diseases, incl.: a) headaches: migraine, tension headache and V-nerve neuralgia b) cerebrovascular diseases, in particular cerebral stroke c) epilepsy d) nervous system inflammation, in particular meningitis, Lyme disease, herpetic brain fever, neurotransmission diseases e) dementia, in particular Alzheimer's disease, frontal dementia, angiogenic dementia and other dementia-related syndromes f) Parkinson's disease g) demyelination diseases, in particular multiple sclerosis h) neuro-muscular system diseases, in particular amyotrophic lateral sclerosis and sciatic neuralgia i) cranio-cerebral trauma	K_E.W14	EU
W17	knows basic concepts of the pathogenesis of psychic disturbances	K_E.W15	EU
W18	knows general symptomatology of psychic disturbances and rules of their classification, according to current classification systems	K_E.W16	EU
W19	knows causes, diagnostics and therapeutic procedures with regard to most frequent nervous system diseases, incl.: a) schizophrenia b) affective and adaptive disorder c) malnutrition d) disturbances connected with taking psychoactive substances	K_E.W17	EU
W20	knows diagnostics and therapeutic procedures with regard to psychiatric emergency states	K_E.W18	EU
W21	knows the nature of psychological disturbances and their treatment in children, the youth and elderly people	K_E.W19	EU
W22	knows symptoms of psychological disturbances during the course of somatic diseases, their influence on basic disease prognoses and principles of their treatment	K_E.W20	EU
W23	possesses the knowledge on human sexuality and basic related abnormalities	K_E.W21	EU
W24	knows the legal regulations regarding protection of mental health, in particular rules of admission to psychiatric hospitals	K_E.W22	EU
W25	knows rules of treatment of pain, incl. chronic and cancer-related pain	K_E.W29	EU
W26	knows and understands the concepts of physical disability and handicap	K_E.W30	EU
W27	knows importance and methods used in medical rehabilitation	K_E.W31	EU
W28	knows and understands causes, symptoms, diagnosis and therapeutic procedures with regard to most frequent diseases and specific problems encountered by family doctors in their practice	K_E.W36	EU
W29	knows and understands possibilities and limitations of laboratory examinations in emergency situations	K_E.W39	EU
U01	takes history interview of adult patient	K_E.U1	EU, K, O
U02	carries out psychiatric examination	K_E.U5	EU, K, O
U03	carries out differentiation diagnostics of most frequent diseases in adults and children	K_E.U12	EU, K, O

U04	evaluates and describes somatic and mental state of patients	K_E.U13	EU, K, O
U05	recognizes states representing direct threat to life	K_E.U14	EU, K, O
U06	recognizes states following consumption of alcohol, narcotics and other stimulants	K_E.U15	EU, K, O
U07	plans diagnostics, therapeutic and preventive procedures	K_E.U16	EU, K, O
U08	analyzes possible adverse effects of certain drugs and interactions between them	K_E.U17	EU, K, O
U09	suggests individualization of applicable therapeutic guidelines and other treatment methods because of ineffectiveness or contra-indications with regard to standard treatment	K_E.U18	EU, K, O
U10	recognizes symptoms of drug-addiction and suggests therapeutic management	K_E.U19	EU, K, O
U11	qualifies patients for home and hospital treatment	K_E.U20	EU, K, O
U12	defines states in which treatment according to guidelines for a particular disease is limited by patients' life expectancy, functional state or preferences	K_E.U21	EU, K, O
U13	evaluates functionality of disabled patients	K_E.U22	EU, K, O
U14	can suggest rehabilitation scheme for most frequent diseases	K_E.U23	EU, K, O
U15	interprets laboratory investigations and identifies reasons for deviations	K_E.U24	EU, K, O
U16	performs basic procedures and operations, incl.: a) body temperature measurement, sphygmometry, blood pressure measurement b) monitoring life parameters using of cardiac monitor, pulse oximetry c) spirometry, oxygen therapy, forced and replacement ventilation d) introduction of mouth-throat tube e) intravenous, intramuscular and subcutaneous injections, cannulation of peripheral veins, drawing peripheral venous blood, sampling urine culture, drawing arterial blood, drawing arterialized capillary blood f) nose, throat and skin swabs, pleural cavity puncture g) urinary bladder catheterization in women and men, passage of gastric tube into stomach, gastric lavage, enema h) standard resting electrocardiogram c/w interpretation, electrical cardioversion and defibrillation i) simple strip tests and glucose concentration measurement	K_E.U29	EU, K, O
U17	interprets pharmaceutical specifications of medicinal products and reviews adverts regarding drugs	K_E.U31	EU, K, O
U18	plans specialist consultations	K_E.U32	EU, K, O
U19	keeps medical documentation	K_E.U38	EU, K, O
K01	accepts the need for standards of conduct	K_K01	O
K02	co-operates with team members; can co-operate within a group and take different roles	K_K04	O
K03	adheres to proper examiner/examinee relationship while performing functional tests and observations	K_K05	O
K04	is aware of cultural and social differences affecting individual interpretations of living standards	K_K08	O
K05	accepts personal autonomy	K_K09	O
K06	is aware of patients' rights	K_K11	O
K07	maintains professional confidentiality	K_K14	O
K08	cares for safety of colleagues, the environment and himself/herself	K_K15	O
K09	is aware of his/her own limitations and knows when to refer to experts	K_K17	O
K10	respects patients/customers/social groups and makes decisions in their best interest	K_K20	O

Table presenting learning outcomes of the subject/module in relation to the form of classes

No.	SYMBOL	Type/s of training
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	(referring the standards) ZEK	Lecture	Seminar	Practical	Clinical classes	Other...
W01	K_D.W1		X						
W02	K_D.W2		X						
W03	K_D.W3		X						
W04	K_D.W4				X				
W05	K_D.W5				X				
W06	K_D.W6				X				
W07	K_D.W7				X				
W08	K_D.W8				X				
W09	K_D.W10		X		X				
W10	K_D.W11		X		X				
W11	K_E.W1		X						
W12	K_E.W4		X						
W13	K_E.W11		X		X				
W14	K_E.W12		X		X				
W15	K_E.W13		X		X				
W16	K_E.W14		X		X				
W17	K_E.W15		X		X				
W18	K_E.W16		X						
W19	K_E.W17		X		X				
W20	K_E.W18		X		X				
W21	K_E.W19		X		X				
W22	K_E.W20		X		X				
W23	K_E.W21		X						
W24	K_E.W22		X		X				
W25	K_E.W29		X		X				
W26	K_E.W30		X						
W27	K_E.W31		X		X				
W28	K_E.W36		X		X				
W29	K_E.W39		X		X				
U01	K_E.U1				X				
U02	K_E.U5				X				
U03	K_E.U12		X		X				
U04	K_E.U13				X				
U05	K_E.U14		X		X				
U06	K_E.U15		X		X				

U07	K_E.U16		X	X				
U08	K_E.U17		X	X				
U09	K_E.U18		X	X				
U10	K_E.U19		X	X				
U11	K_E.U20		X	X				
U12	K_E.U21		X	X				
U13	K_E.U22		X	X				
U14	K_E.U23		X	X				
U15	K_E.U24		X	X				
U16	K_E.U29			X				
U17	K_E.U31		X	X				
U18	K_E.U32		X	X				
U19	K_E.U33		X	X				
U20	K_E.U38		X	X				
K01	K_K01			X				
K02	K_K04			X				
K03	K_K05			X				
K04	K_K08			X				
K05	K_K09			X				
K06	K_K11			X				
K07	K_K14			X				
K08	K_K15			X				
K09	K_K17			X				
K10	K_K20			X				

Table of teaching programme

Module (subject) contents no.	Description of teaching programme	No. of hours	References to learning outcomes
	Seminars:		
TK01	Mood disorders	1	W01, W09, W11, W17, W18, W19, W20, W21, W27, W22, W28, U17,
TK02	Anxiety disorders part 1	1	W01, W09, W11, W17, W18, W19; W20, W21, W22, W28, U07, U08, U09, U12, U17
TK03	Anxiety disorders part 2	1	W01, W09, W11, W17, W18, W19; W20, W21, W22, W28, U07, U08, U09, U12, U17
TK04	Personality disorders. Eating disorders. Habit and impulse disorders.	1	W01, W02, W09, W11, W17, W18, W19, W20, W21, W22, W23, W28, U17
TK05	Psychotic disorders.	1	W01, W09, W11, W17, W18, W19, W20, W21, W27, U07, U08, U09, U12
TK06	Organic, including symptomatic, mental disorders	1	W11, W14, W15, W17, W16, W18, W19, W20, W21, W22, W25; W29, W29, U05, U13, U18
TK07	Geriatric psychiatry	1	W03, W11, W13, W14, W15, W16, W17, W18, W19, W20, W21, W22, W25, W28, W13, W14, U07, U08;

			U09, U12, U17
TK08	Addictions part 1	1	W01, W02, W09, W10, W17; W18, W19, W20, W28, W29, U06, U10, U11, U16, U19, U06
TK09	Addictions part 1	1	W01, W02, W09, W10, W17, W18, W19, W20, W28, W29, U06, U10, U11, U16, U19
TK10	Organic, including symptomatic, mental disorders	1	W11, W14, W15, W16, W17, W18, W19, W20, W21, W22, W24, W25, W28, W29, U05, U13, U18, K02, K05, K09
TK11	Legal aspects of psychiatry. Organisation of psychiatric care.	1	W02, W06, W24, U04, U05, U20, K01, K06, K07, K08
TK12	Geriatric psychiatry	1	W03, W05, W08, W11, W13, W14, W15, W16, W17, W18, W19, W20, W21, W22, W25, W28, U07, U08, U09, U12 U17, K05
	classes:		
TK01	Psychopathology part 1	4	W18; U03, U04
TK02	Psychopathology part 1	4	W18; U03, U04
TK03	Psychiatric examination and psychiatric interview	4	W04, W18, U03, U04, U05, U06, U20, K01, K03, K04, K05, K06, K07, K08, K10
TK04	Mood disorders	4	W01, W04, W08, W09, W11, W17, W18, W19, W20, W21, W27,
TK05	Anxiety disorders	4	W01, W04, W08, W09, W11, W17, W18, W19, W20, W21, W22, W28, U07, U08, U09, U12, U17, K05
TK06	Personality disorders Eating disorders	4	W01, W02, W08, W09, W11, W17, W18, W19, W20, W21, W22, W28, U17, K03, K05
TK07	Psychotic disorders part 1.	4	W01, W04, W08, W11, W17, W18, W19, W20, W21, W27, U07, U08, U09, U12, K05
TK08	Psychotic disorders part 2.	4	W01, W04, W08, W11, W17, W18, W19, W20, W21, W27, U07, U08, U09, U12, K05
TK09	Addictions	4	W01, W02, W07, W08, W09, W10, W17, W18, W19, W20, W28, W29, U06, U10, U11, U16, U19, K05
TK10	Organic, including symptomatic, mental disorders	4	W11, W14, W15, W16, W17, W18, W19, W20, W21, W22, W24, W25, W28, W29, U05, U13, U18, K02, K05, K09
TK11	Legal aspects of psychiatry. Organisation of psychiatric care.	4	W02, W06, W24, U04, U05, U20, K01, K06, K07, K08
TK12	Geriatric psychiatry	4	W03, W05, W08, W11, W13, W14, W15, W16, W17, W18, W19, W20, W21, W22, W25, W28, U07, U08, U09, U12 U17, K05

Booklist	
Obligatory literature:	
1. Sadock B.J., Sadock V.A. Ruitz P. Kaplan and Sadock's Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry. Wolters Kluwer, 2014	
Supplementary literature:	
1. Stringer S. Church L. Davison. S. Lipsedge M. Psychiatry PRN: Principles, Reality, Next Steps. Oxford 2009	
Student's workload (balance sheet of ECTS credits)	
Form of student's activity (in-class participation; activeness, produce a report, etc.)	Student's workload [h]
	In teacher's opinion
Contact hours with the tutor	60
Time spent on preparation to seminars/ practical classess	10
Time spent on reading recommended literature	10
Time spent on writing report/making project	
Time spent on preparing to colloqium/ entry test	
Time spent on preparing to exam	20
Other	
Student's workload in total	
ECTS credits for the subject (in total)	3
Remarks	

* Selected examples of methods of assessment:

EP – written examination

EU – oral examination

ET – test examination

EPR – practical examination

K – colloqium

R – report

S – practical skills assessment

RZC – practical classes report, incl. discussion on results

O – student's active participation and attitude assessment

SL – lab report

SP – case study

PS - assessment of student's ability to work independently

W – entry test

PM – multimedial presentation

other...