














INTERNATIONAL RESEARCH CAMP

POLAND 2026





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Words from SCORE Director

Dearest SCOREagles and SCOREnthusiasts around the globe,
It is my absolute pleasure to invite you all to the International Research Camp 2026.

Imagine transforming into a research powerhouse amidst Poland's rich history, from June 27th to July 2nd. IRC26 stands as one of our core Research Education workshops, designed to empower you, our future physicians, to become skilled, impactful researchers capable of addressing the evolving needs of our communities, thereby directly advancing SCORE's mission and vision.

This is your opportunity to master essential research skills, gain invaluable intercultural insights from an inspiring network of global trainers and participants, and explore diverse perspectives in research. Beyond learning, IRC26 is a space to build meaningful, lasting connections, exchange ideas, and develop research plans that will extend far beyond your time in Poland.

Your participation will not only strengthen your own research competencies but will also contribute to the success and spirit of this International Research Camp. Get ready to create lifelong memories while making a tangible impact. Why wait? Invite your research-passionate friends and join us in Poland for this exceptional educational experience. We encourage you to explore this Invitation Package for more details on the agenda, workshops, and the highlights Poland has to offer.



Paul Bassil

Should you have any questions, please do not hesitate to reach out at scored@ifmsa.org. We look forward to warmly welcoming you to Poland.

Dark Blue Hugs,
Paul Bassil
SCORE Director 2025/26



Dear SCORE Enthusiasts,

We are delighted to invite you to the International Research Camp 2026. This year's edition will take place in our beautiful city of Szczecin, and we are truly excited to host you here.

Szczecin is the medical centre of Western Pomerania in Poland. Our city is home to modern research and teaching facilities, excellent hospitals, and a distinguished community of scientists recognized around the world. Within our Local Committee, researchers are currently conducting 11 SCORE projects - the highest number in Poland. Each year we welcome many international students who leave Szczecin with valuable experience and unforgettable memories.

Through IRC, we are proud to present the wide range of scientific opportunities offered by the Pomeranian Medical University in Szczecin. During five intensive days of workshops, participants will explore the essentials of academic work, from shaping a research idea and designing a study to presenting scientific results. You will meet inspiring people from around the world who share the same passion for research.

In just a few months, we look forward to welcoming you to our university and creating an open, friendly, and international environment together. Your visit will take place at a wonderful time of the year, when Szczecin is full of greenery and flowers. The city's unique blend of historic architecture and modern development makes it a vibrant and welcoming place with plenty to discover.

We are truly looking forward to meeting you and hosting you in Szczecin!

Lukasz Lisiecki

Vice-Head of OC

K. Kaban
Head of OC

Organizing Committee



Łukasz Lisiecki
Vice-Head of OC



Szymon Kuczkowski
Head of OC



Kamil Nycz
Secretary



Anna Szczudło
Treasurer



Julia Twardy
Marketing



Anita Faltus
Registration



Maja Janowska
Registration



Alicja Ślisińska
Social Program



Urszula Huryń
Photographer



Anna Gamrot
Graphics



Maja Trzaskawka
Social Media



IFMSA

The International Federation of Medical Students Associations (IFMSA) was founded in 1951. It is the world's oldest and largest independent organization representing associations of medical students internationally. It currently maintains 135 National Member Organizations, from 125 countries, across six continents, with over 1.5 million students represented worldwide. IFMSA is recognized as a non-profit, non-governmental organization within the United Nations system and the World Health Organization (WHO), and works in collaboration with the World Medical Association.

IFMSA was created to impact the world and to empower its members in taking their visions and ideas and turning them into reality. IFMSA has inspired generations of medical students to develop the leadership abilities and skills to take on challenges and to improve the world around them for their careers as healthcare leaders.

Engaging in IFMSA encourages both professional and personal collaborations irrespective of geographical, social, cultural, religious, racial, sexual and political differences. As a result, future doctors are becoming more culturally competent physicians. IFMSA envisions a world in which medical students unite for Global Health and are equipped with the knowledge, skills, and values to take on health leadership roles locally and globally, so as to shape a sustainable and healthy future.





IFMSA-Poland

IFMSA-Poland (International Federation of Medical Students' Associations - Poland) is the largest organization for medical students and young doctors in the country, operating across 21 Local Committees at medical universities. As part of a global network present in over 125 countries, it focuses on the comprehensive development of future medics through international clinical and research exchanges, practical workshops, and nationwide public health campaigns. The association serves as a vital platform for social activism, medical education, and representing students' interests in dialogue with the Ministry of Health and other public institutions.





SCORE

The Standing Committee on Research Exchange (SCORE) was founded in 1991, as one of six standing committees in IFMSA, with the objective of giving medical students the opportunity to improve their skills in research in other learning settings.

Today, SCORE involves over 80 active countries offering to 3.000 healthcare students worldwide the opportunity to participate in a research project, and learn the basic principles of medical research such as literature studies, data collection, scientific writing, lab work, statistics and ethical aspects related to research and medicine.

SCORE strives for high-quality research exchanges but also aims to engage medical and healthcare students in Research and gain research education in order to achieve Global Access to Research and Research Education.



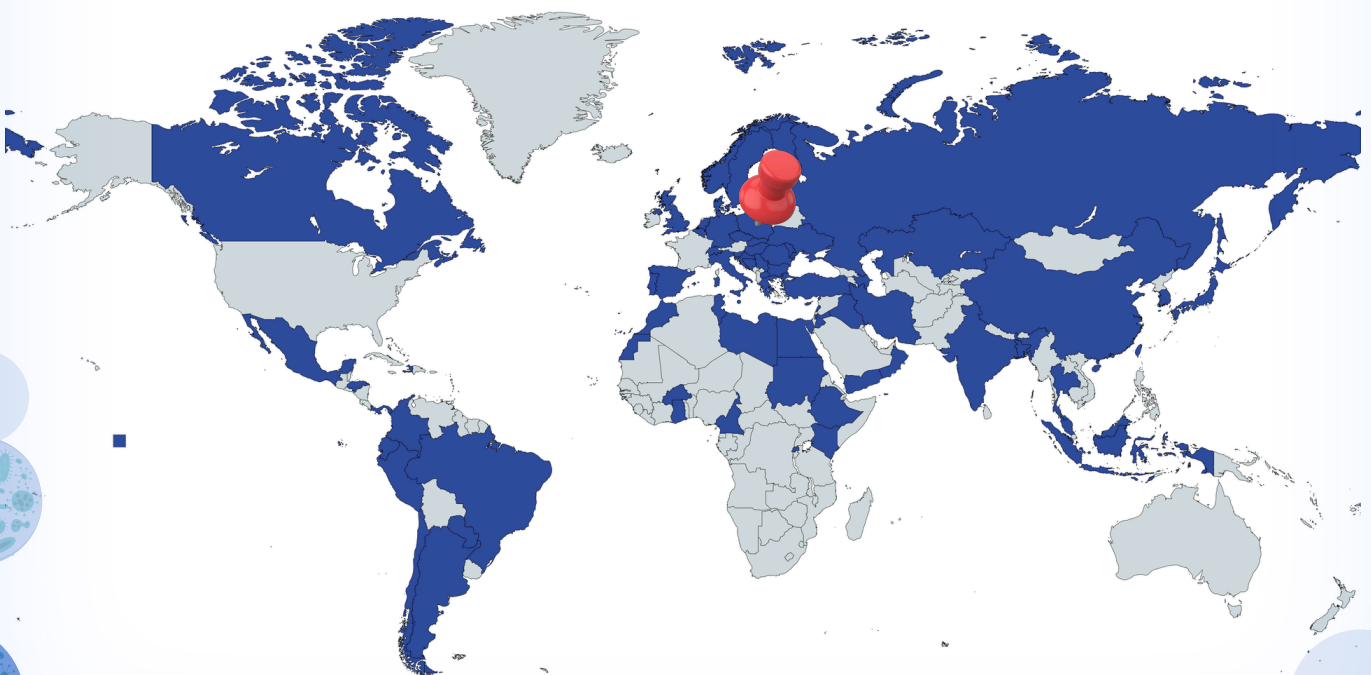


SCORE in Poland

IFMSA-Poland is one of the 72 SCORE-active National Member Organisations (NMOs). Our Local Committees run 33 active projects (16 more soon!!!), making us a significant player among SCORE-active NMOs. We are known for our high academic quality, enhanced by our specific social programs: MedEx (Medical Exchange) and NIME (National Incomings Medical Education).

MedEx is a local medical workshop program that focuses on practical skills, such as surgical suturing and other hands-on medical techniques.

NIME is a national social program aimed at medical education, providing international students with workshops, lectures, and learning opportunities in various medical fields.

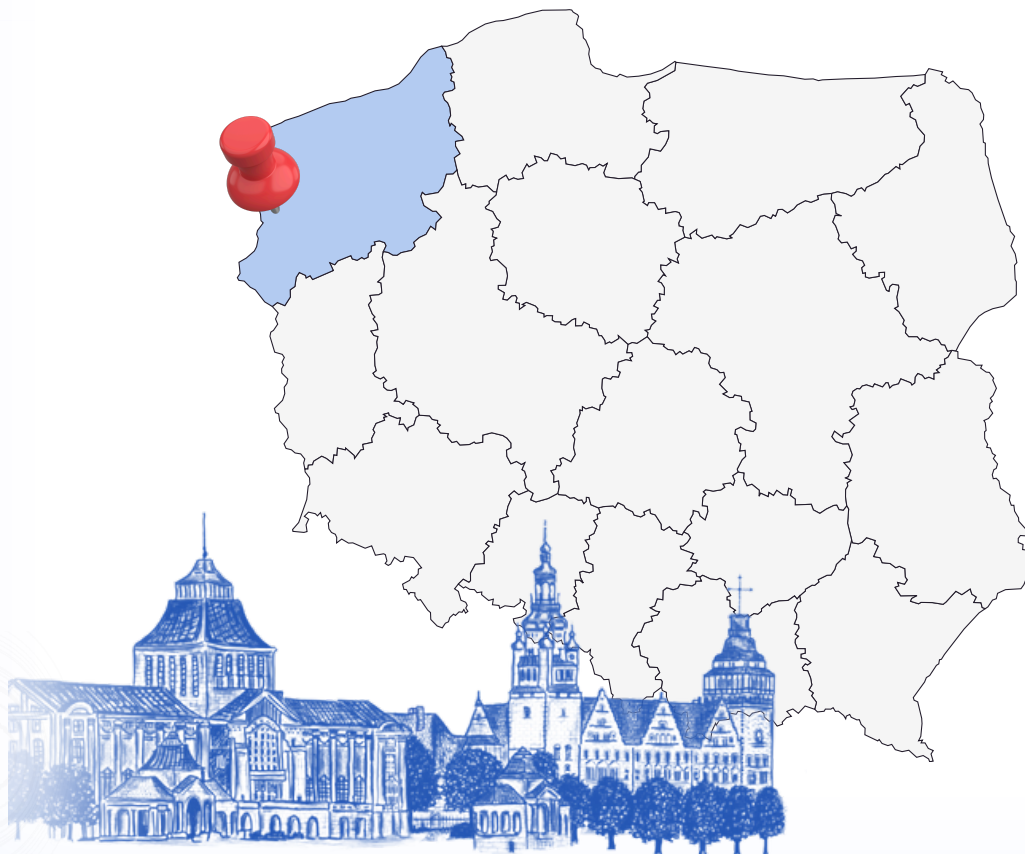




Welcome to Szczecin

Often called a “hidden gem of Poland,” Szczecin is a city that surprises visitors with its unique blend of history, greenery, and maritime charm. Located near the German border and the Baltic Sea, it offers a more relaxed and less crowded alternative to Poland’s most popular destinations—yet without compromising on beauty or culture.

One of the city’s most iconic landmarks is the Pomeranian Dukes’ Castle, a Renaissance residence that once housed the powerful Griffin dynasty and today hosts exhibitions, concerts, and cultural events. Just a short walk away, you’ll find the stunning Waty Chrobrego, a panoramic terrace overlooking the Oder River- perfect for a scenic stroll and breathtaking views.





Nature lovers will appreciate the abundance of green spaces, especially Kasprów Park, one of the largest parks in the city, ideal for relaxing walks or a peaceful afternoon by the lake. Szczecin is also famous for its wide boulevards and unique urban layout inspired by Paris, making it a pleasure to explore on foot or by bike.

For those interested in culture and architecture, the modern Philharmonic Hall in Szczecin is a must-see—not only for its world-class acoustics but also for its striking, ice-like design that has won numerous international awards.

Whether you're drawn by its history, vibrant cultural scene, or tranquil atmosphere, Szczecin truly lives up to its reputation as a hidden Polish treasure waiting to be discovered.

Agenda



	Day 0 Date: [27th of June]	Day 1 Date: [28th of June]	Day 2 Date: [29th of June]	
8:00		Breakfast	Breakfast	
8:30				
9:00		Intro to RC & Team Building (60')	Research Ethics & Frameworks (90')	
9:30				
10:00		Basics of Medical Research Part 1 (60')	Data Collection Methods & Tools (60')	
10:30				
11:00		Coffee Break	Coffee Break	
11:30		Basics of Medical Research Part 2 (60')	ABC of Biostatistics (90')	
12:00				
12:30		PICO: Formulating Research Questions (60')	Evidence-based Practice (30')	
13:00				
13:30		Arrival and Check-in	Lunch	Lunch
14:00				
14:30	Study Designs in Medicine (60')		Surveys & Questionnaires Design (60')	
15:00				
15:30	Literature Search & Databases (90')		Project & Time Management (60')	
16:00				
16:30	Literature Review and Case Reports (60')		Abstract & Poster Writing (90')	
17:00				
17:30	Recap groups (30')		Recap groups (30')	
18:00				
18:30	Dinner		Dinner	
19:00				
19:30	Opening Ceremony		Social program	Social program
20:00	Social program	Social program	Social program	



Basic sessions



Intermediate sessions



Advanced sessions






Working Groups & Team Building

Agenda



Time	Day 3 Date: [30th of June]	Day 4 Date: [1st of July]	Day 5 Date: [2nd of July]
8:00	Breakfast	Breakfast	Breakfast
8:30			
9:00	Introduction to Systematic Reviews and Meta-analyses (60')	Critical Appraisal & Peer-review (60')	Departure
9:30			
10:00	Inferential Statistics & Hypothesis (90')	Leadership & Research Team Management (60')	
10:30			
11:00			
11:30	Coffee Break	Presentation Skills (60')	
12:00	Advocacy in Research (60')	Coffee Break	
12:30			
13:00	Writing a Research Protocol (60')	Preparation for Presentations (90')	
13:30			
14:00	Lunch	Lunch	
14:30			
15:00	Citation & Reference Managers (60')	Preparation for Presentations (60')	
15:30			
16:00	Artificial Intelligence in Research (90')	Research Presentations (90')	
16:30			
17:00			
17:30	Recap Groups (30')	Feedback on Research Presentations + Competition Results(60')	
18:00	Free time	Recap groups (30')	
18:30			
19:00	Dinner	Dinner	
19:30			
20:00	Social program - NFDLP	Social program	

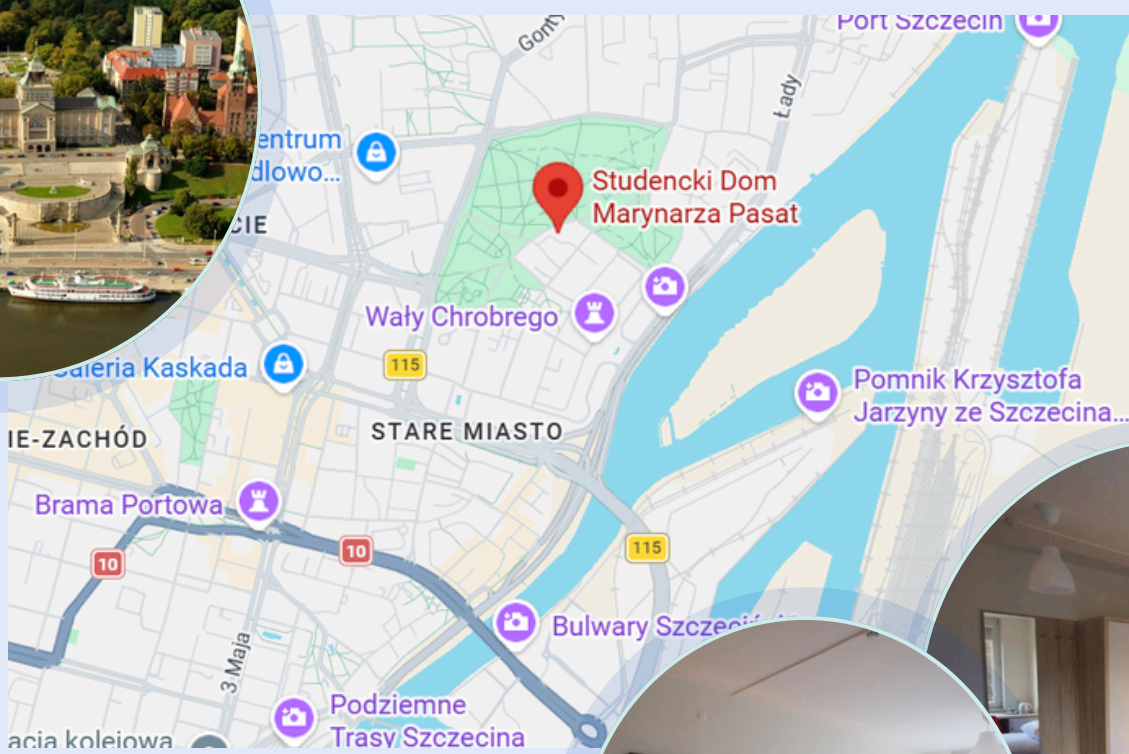
-  Basic sessions
-  Intermediate sessions
-  Advanced sessions
-  Working Groups & Team Building



Accommodation

Participants will be accommodated in a “Pasat” Student Seaman's House, at address **Teofila Starzyńskiego 9, 70-506 Szczecin.**

It is located in an excellent location, right in the city center, about 15 minutes from the main railway station and the very center of the city.

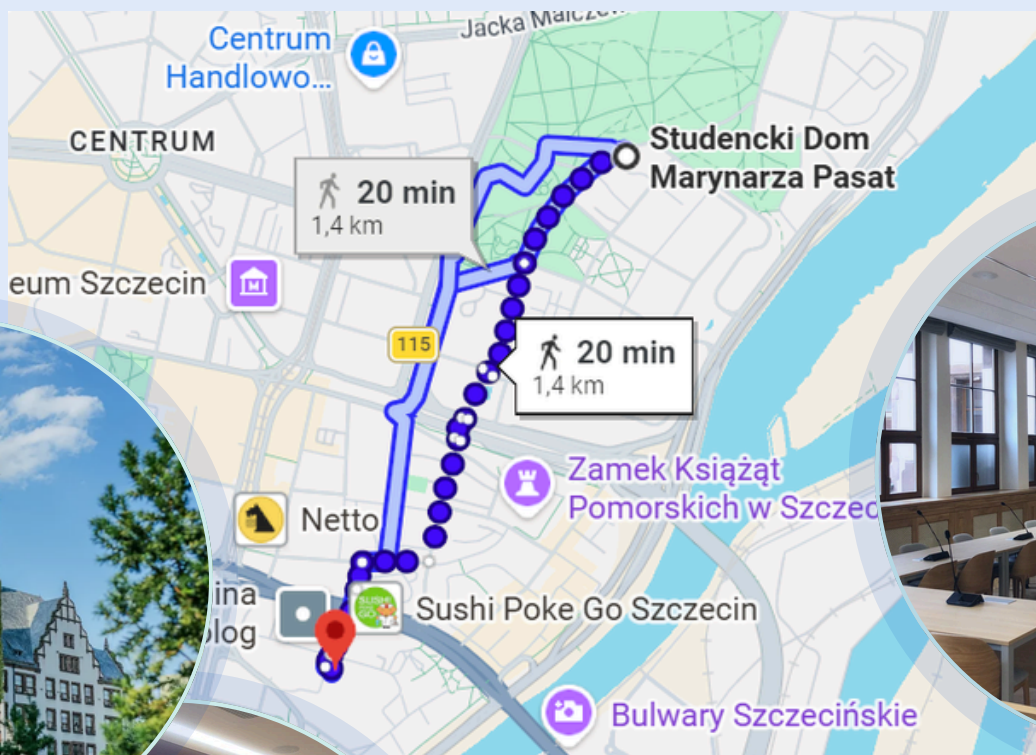




Venue

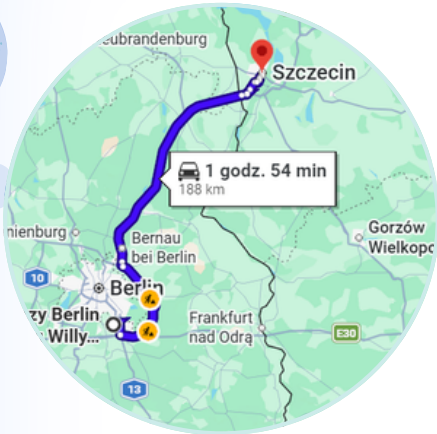
The workshops will take place at **Rybacka 1, 70-204 Szczecin** - Pomeranian Medical University. The sessions will be held in two rooms: the Faculty Council Hall and the Senate Hall in the same building.

The Rectorate is located less than 1.5 km from the dormitory, so we encourage participants to walk.



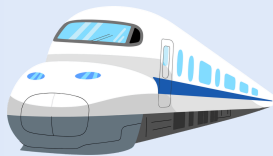


Transportation



The easiest option is to fly into Berlin Brandenburg Airport and take a bus to Szczecin Main Station (we recommend FlixBus).

If you arrive in Polish cities such as Gdańsk, Poznań, or Warsaw, we recommend traveling by train.



PKP = polish state railroads

[You can buy your tickets here](#)

for trains you cannot have reduced fare



In Szczecin, there are trams and buses available. With an ISIC card, you are eligible for discounts on public transport tickets.

It's worth downloading a few useful apps





Visa-free countries

Albania*
Argentina
Austria
Belgium
Bosnia and Herzegovina*
Brazil
Brunei
Bulgaria
Canada
Chile
Colombia
Costa Rica
Croatia
Cyprus
Czech Republic
Denmark
Dominica
El Salvador
Estonia
Finland
France
Georgia*
Germany

Greece
Guatemala
Hungary
Iceland
Ireland
Italy
Japan
Latvia
Liechtenstein
Lithuania
Luxembourg
Malaysia
Malta
Mauritius
Mexico
Moldova*
Monaco
Montenegro*
Netherlands
New Zealand
Nicaragua
Norway
Palau

Panama
Paraguay
Peru
Portugal
Romania
San Marino
Serbia *
Seychelles
Singapore
Slovakia
Slovenia
South Korea
Spain
Sweden
Switzerland
Taiwan**
Ukraine*
United Arab Emirates
United Kingdom
United States of America
Uruguay
Venezuela

*only for holders of biometric passports

** for holders of passports which include an identity card number

Link to the list of countries whose citizens do not need a visa to enter Poland: <https://www.gov.pl/web/canada-en/visa-free-countries>

If your country is not on the list, please contact the person responsible for visas - Łukasz Lisiecki via WhatsApp: +48 530 987 329 or email: irc@ifmsa.pl



Social Program

Szczecin has so much to offer and we are excited to share it with you!

The organizing committee has prepared an engaging and varied social program that includes sightseeing of Szczecin's most memorable landmarks, fun nights of socializing and making friends, and many more exciting surprises.

One of the highlights of our program will be the National Food and Drink Party. During this event participants will be able to showcase their culture, by bringing a piece of their traditional cuisine to share! This event is an amazing opportunity to connect through the diverse cultures represented by all the attendees.

We hope that our program will provide a great way to unwind after days of gaining new knowledge and an exciting way to meet new friends!

See you soon!





Registration

Dates

Early Bird Phase I

Call for Participants (1st Early Bird)

15 April 2026 - 22 April 2026

Call for Trainers/Facilitators (1st Call)

15 April 2026 - 22 April 2026

Selection Process & Quota Verification

23 April 2026 - 24 April 2026

Early Bird Phase II

Call for Participants (2nd Early Bird)

25 April 2026 - 29 April 2026

Call for Trainers/Facilitators (2nd Call)

25 April 2026 - 29 April 2026

Selection Process & Quota Verification

30 April 2026 - 1 May 2026

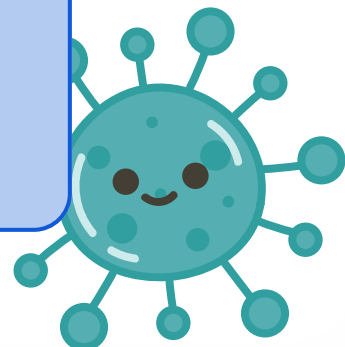
Late Bird Phase I

Call for Participants (1st Late Bird)

2 May 2026 - 7 May 2026

Selection Process & Quota Verification

8 May 2026 - 9 May 2026



Registration



Late Bird Phase II

Call for Participants (2nd Late Bird)

10 May 2026 - 14 May 2026

Selection Process & Quota Verification

15 May 2026 - 16 May 2026

Cancellation policy

Refund Conditions

Up to 26 May 2026, participants are eligible for a 50% refund of the participation fee.

Up to 5 June 2026, participants are eligible for a 25% refund of the participation fee.

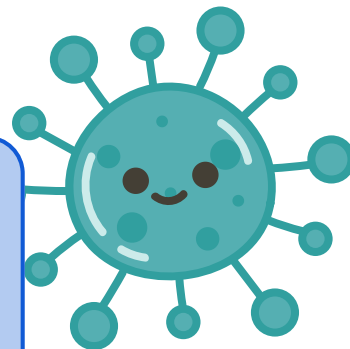
After 5 June 2026, unfortunately, no refunds will be issued.

We encourage all interested participants and facilitators to apply within the indicated timeframes. Each phase offers a valuable opportunity to join the program, with early applicants benefiting from priority consideration.

Stay tuned for further updates and prepare your applications in advance!

Fees

- Early fee - 250 EUR (25 spots)
- Late fee - 270 EUR (10 spots)
- Trainers - 0 EUR (5 spots)





See you in Szczecin